

STARSKATE CATEGORIES OFFERED

<u>StarSkate ELEMENT EVENTS</u>	<u>StarSkate 2-3 FREESKATE EVENTS</u>	<u>StarSkate TEAM EVENT</u>
Individual element event. Each skater will perform each element in isolation and skaters will take turns within their group. Skaters will be assessed to standard as per the Star 1-4 Event Standards for Assessment Guide.	Please reference the Skate Canada Program Requirements Guide for content & music length. https://info.skatecanada.ca/index.php/enca/rules-of-sport/265-star-competitionprogram-requirements.html	Teams must be comprised of 2 to 4 skaters. At least 50% of the team must have passed two Star Assessments at the entered level. Each skater will perform one element. If a team consists of less than 4 skaters, no skater may perform more than two elements. Skaters will be assessed to standard as per the Star 1-4 Event Standards for Assessment Guide.
Star 1 Elements Circle Stroking: 1 round forward & backwards (draw for direction) Waltz Jump Salchow Jump Toe Loop Jump Forward Upright Spin Backward Upright Spin Forward Spiral Circles (CW or CCW - Skater's Choice) Creative Exercise 30 seconds long	Star 2 Freeskate Program Will be performed on full ice. Skaters will perform their trained Star 2 solo as prescribed by the Skate Canada 20222023 Star Program Requirements	Star 1 Team Elements Toe Loop Waltz Combination Backwards upright spin Forward Spiral Sequence
Star 2 Elements Loop Jump Waltz Jump+Toe Loop Combination Backspin Forward Spiral Sequence	Star 3 Freeskate Program Will be performed on full ice. Skaters will perform their trained Star 3 solo as prescribed by the Skate Canada 20222023 Star Program Requirements.	Star 2 Team Elements Loop Jump Waltz Jump+Toe Loop Backspin Forward Spiral Sequence
Star 3 Elements Flip Jump Loop+Loop Jump Combination Back Spin Forward Spiral Sequence		Star 3 Team Elements Flip Jump Loop+Loop Jump Combination Combination Spin Forward Spiral Sequence

TEAM ELEMENT EVENTS

Skaters will be assessed to standard as per the *Star 1-4 Event Standards for Assessment Guide* or the *CanSkate Manual*. Teams must be comprised of 2 to 4 skaters. At least 50% of the team must have passed two Assessments at the entered level. Each skater will perform one element. If a team consists of less than 4 skaters, no skater may perform more than two elements.

	CANSKATE OPEN <i>Team</i>	STAR 2 <i>Individual or Team</i>	STAR 3 <i>Individual or Team</i>
JUMPS	Backward 360 2-ft jump	Loop Jump	Flip Jump
	Waltz Jump	Waltz Jump+Toe Loop Combination	Loop+Loop Jump Combination
SPINS	2-ft or 1-ft spin <i>Assessed to standard of stage 4 or 5 depending on spin chosen</i>	Backspin	Combination Spin <i>No change of foot</i>
FIELD MOVES	1 Forward Spiral <i>Curve or Straight Line</i>	Forward Spiral Sequence	Forward Spiral Sequence